**CENTRAL TEXAS ALLERGY & ASTHMA**

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**Common Medications Side Effects**

**\*\*Please refer to prescription insert of each medication and talk to your pharmacist about common side effects when picking up your medication\*\***

* **Allergy Medications**

**Nasal Topical Corticosteroids: Flonase (Fluticasone), Nasacort, Nasonex, Omnaris, Qnasl, Rhinocort, Veramyst, Zetonna, Dymista;** dryness, burning, stinging of nasal passage, headaches, nosebleeds, nasal or oral thrush, growth suppression in pediatric patients, glaucoma, cataracts, osteoporosis, rarely septal perforation.

**Nasal Topical Antihistamines: Astelin, Astepro, Patanase, Dymista;** bitter taste,dryness, burning/stinging of nasal passage, headaches, nosebleeds, drowsiness.

**Antihistamines:** **Allegra (Fexofenadine), Atarax(Hydroxyzine),Benadryl (Diphenhydramine),Claritin (Loratadine), Clarinex (Desloratadine) Xyzal (Levocetirizine), Zyrtec (Cetirizine);** dryness of mucous membranes, drowsiness.

* **Allergy and Asthma Medications**

**Montelukast Sodium (Singulair)\*;** sleep disorders such as nightmares or night terrors, anxiety/irritability, restlessness.

* **Inhalers**

**Long acting beta agonist medications: Advair, Dulera, Symbicort\*;** oral thrush, growth suppression in pediatric patients, glaucoma, cataracts, osteoporosis, asthma exacerbation, pneumonia, arrhythmias, asthma-related death.

**Inhaled corticosteroids medications: Aerospan, Alvesco, Asmanex, Flovent, Pulmicort, Qvar;** oral thrush, growth suppression in pediatric patients, glaucoma, cataracts, osteoporosis.

**Short acting beta agonist medications : Albuterol, ProAir, Proventil, Ventolin, Xopenex;** bad taste, throat irritation, hypertension, palpitations, arrhythmias.

* **Antibiotics**

**Flouroquinolones: Avelox, Cipro, Levaquin;** yeast infection, tendon rupture, peripheral neuropathy, arrhythmias, diarrhea, Clostridium infection.

**Azithromycin:** yeast infection, arrhythmias, diarrhea, Clostridium infection.

**Augmentin:** yeast infection, diarrhea, Clostridium infection.

**Cefdinir (Omnicef):** yeast infection, diarrhea, Clostridium infection.

**Biaxin:** yeast infection, diarrhea, Clostridium infection.

* **Other Medications**

**Proton Pump Inhibitor medications: Aciphex, Dexilant, Nexium, Prevacid, Prilosec/Omeprazole; long** bonefractures, calcium loss, magnesium loss.

***\*indicates medication has a black box warning\**6/3/14**