



CENTRAL TEXAS ALLERGY & ASTHMA

Priyanka Gupta, M.D.
www.CTxAA.com

Common Medications Side Effects

****Please refer to prescription insert of each medication and talk to your pharmacist about common side effects when picking up your medication****

➤ Allergy Medications

Nasal Topical Corticosteroids: Flonase (Fluticasone), Nasacort, Nasonex, Omnaris, Qnasl, Rhinocort, Veramyst, Zetonna, Dymista; dryness, burning, stinging of nasal passage, headaches, nosebleeds, nasal or oral thrush, growth suppression in pediatric patients, glaucoma, cataracts, osteoporosis, rarely septal perforation.

Nasal Topical Antihistamines: Astelin, Astepro, Patanase, Dymista; bitter taste, dryness, burning/stinging of nasal passage, headaches, nosebleeds, drowsiness.

Antihistamines: Allegra (Fexofenadine), Atarax (Hydroxyzine), Benadryl (Diphenhydramine), Claritin (Loratadine), Clarinex (Desloratadine) Xyzal (Levocetirizine), Zyrtec (Cetirizine); dryness of mucous membranes, drowsiness.

➤ Allergy and Asthma Medications

Montelukast Sodium (Singulair)*; sleep disorders such as nightmares or night terrors, anxiety/irritability, restlessness.

➤ Inhalers

Long acting beta agonist medications: Advair, Dulera, Symbicort*; oral thrush, growth suppression in pediatric patients, glaucoma, cataracts, osteoporosis, asthma exacerbation, pneumonia, arrhythmias, asthma-related death.

Inhaled corticosteroids medications: Aerospan, Alvesco, Asmanex, Flovent, Pulmicort, Qvar; oral thrush, growth suppression in pediatric patients, glaucoma, cataracts, osteoporosis.

Short acting beta agonist medications : Albuterol, ProAir, Proventil, Ventolin, Xopenex; bad taste, throat irritation, hypertension, palpitations, arrhythmias.

➤ Antibiotics

Fluoroquinolones: Avelox, Cipro, Levaquin; yeast infection, tendon rupture, peripheral neuropathy, arrhythmias, diarrhea, Clostridium infection.

Azithromycin: yeast infection, arrhythmias, diarrhea, Clostridium infection.

Augmentin: yeast infection, diarrhea, Clostridium infection.

Cefdinir (Omnicef): yeast infection, diarrhea, Clostridium infection.

Biaxin: yeast infection, diarrhea, Clostridium infection.

➤ Other Medications

Proton Pump Inhibitor medications: Aciphex, Dexilant, Nexium, Prevacid, Prilosec/Omeprazole; long bone fractures, calcium loss, magnesium loss.

****indicates medication has a black box warning**** 6/3/14