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Medication Instructions for Your Skin Testing Visit

Please do not take any antihistamines within **5 days** of your skin test procedure.
The below medications can interfere with testing results.

Oral:

Allegra, Allegra-D (Fexofenadine)
Atarax (Hydroxyzine)
Benadryl (Diphenhydramine)
Bropheniramine
Chlortrimeton--CTM (Chlorpheniramine)
Clarinet (Desloratadine)
Claritin, Claritin-D (Loratidine) (Alavert)
Doxepin
Meclizine
Palgic (Carbinoxamine)
Phenergan
Xyzal (Levocetirizine)
Zyrtec, Zyrtec-D (Cetirizine)
Singulair (Montelukast)

Eye drops:

Allergy eye drops
(Patanol, Pataday, Bepreve, Elestat, Optivar, Zatidor, Zerviate, Visine and others)

Nasal sprays:

Astelin (Azelastine)
Astepro .15%
Patanase
Dymista

Other medications:

Zantac (Ranitidine)
Pepcid AC (Famotidine)
Axid (Nizatidine)
Tagamet (Cimetidine)

Tricyclic Antidepressants: such as--Norpramin, Sinequan, Tofranil, Pamelor, Vivactil, Surmontil

Over the counter sleep aids: such as—Tylenol PM etc...

Cold medications: such as—Nyquil etc...

This is not a complete list; if you have any questions about your particular medication, check with your local pharmacist.

<p>PLEASE DO NOT STOP YOUR ASTHMA INHALERS, OR ANY OTHER ROUTINE MEDICATIONS USED FOR OTHER MEDICAL PROBLEMS.</p>
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